

To Volunteer at "Beit Tamar" - a home for children in Jerusalem

By: Tamar Eliyahu – Director of Beit Tamar

In recent years we have benefitted from fruitful cooperation with volunteers from various places in the world, Argentina, Sweden, Uganda and, of course, from Korea. This time I have chosen to share with our readers the letter from Lilly, a volunteer from South Korea, who wrote in Korean and her letter was translated, about what it means to volunteer at Beit Tamar.

Lilly describes in the beginning how she, as a college graduate in Theology, had studied about Israel for three years at the conclusion of which she decided to come and volunteer for six months. Lilly describes her feelings and the need to change her name– Yisujeong because it was difficult to pronounce. Lilly also



speaks about getting used to Israel, and about her new family – "Beit Tamar" that is like a home for her. One of the high points she speaks about is when she joined the annual trip with other volunteers to Eilat. Lilly describes the heat, the difficulties in being disabled and the hardships of being a volunteer, the long hours, shared accommodation, the responsibility and the challenges. Looking back she talks about the insights she acquired concerning disabilities and the mental reinforcement created within her as a result of coping with the challenges. "Thank the Lord" has become a common expression in Lilly's vocabulary.

The Children and Youth Program 2016/2017 at ILAN's Sports Center in Ramat Gan

Sports Center in Ramat Gan is one of the Center's main programs, in which more than 300 children are active in enrichment activities in sports, among them wheelchair basketball, wheelchair tennis, table tennis, swimming, athletics and more. For three years now the Sports Center has operated a transportation service that collects and returns the disabled children from 12

different points throughout the country. This Children and Youth Program is unique both at the national and international level in terms of its scope and the rich content that it offers its participants.

The picture shows the young players Amit Vigoda (aged 14, on the left with the ball) and Arthur Hassin (aged 12) during basketball practice.



The Weekend at Shefayim - Tel Aviv Branch



Every year the branch organizes a weekend full of activities for the children of the branch and their families at Shefayim. The event is both unifying and enjoyable and is eagerly anticipated by the children of the branch.

We have chosen to quote excerpts from a letter the Yagil family sent to the branch after the weekend:

"We would like to thank ILAN Tel Aviv that organized a wonderful weekend for us, full of activity and enjoyment. As has been the case every year since the twins were three years old (today they are 14) we were invited to join the children of ILAN and their families at Shefayim. My children anxiously anticipate this weekend. The schedule of activities and indulgences is crowded and you have to

find time for everything. Upon our arrival volunteers with warm hearts and a great deal of love await us in workshops offering creativity, balloons and tattoos. After a brief rest in the lobby and a social meeting of the parents and children, a fascinating performance was given by a magician and Matan was rolling around with laughter and his face glowed with happiness.

The social interaction was wonderful. We had an opportunity to meet other entire families with all their children, while they were enjoying themselves. We thank ILAN, Gilat and the entire staff that participated in making the weekend so enchanting.

The Yagil family: Matan-Haim, Oshrat, Or-Moshe, Dana and Ran".

The Magic of ILAN's Summer Camps

Every year we are encouraged when we receive the warm and favorable responses from the participants in the summer camps, from their parents and from the numerous volunteers taking part in this meaningful project. These summer camps have been taking place since 1984 very successfully with the assistance of many volunteers and a variety of kibbutzim and communities throughout the country who voluntarily host the children of ILAN.

This year, like every other year, the ILAN summer camps took place at dozens of kibbutzim and communities with the participation of about 1,000 children and youth suffering from severe physical-motor disabilities and who live all over the country, including in peripheral communities and also from the Arab and Druze sectors.

The summer camps project enables the participants to take part in a 6-day summer camp that includes lodging

and shared recreation with children and youth of similar ages and allows the participants to enjoy a summer vacation like any other children and youth of the same age. The summer camps include a



wide variety of activities: social, creative, sporting and challenging, participation in sightseeing tours and becoming acquainted with this country. The sight of these young people, together with the volunteer youth, singing at the top of their voices, laughing, talking and sharing



the various activities and high morale, is very moving and heartwarming every time.

We would like to express our gratitude to all the kibbutzim and communities that hosted the children from ILAN with great love, and also to all the volunteers who opened up their hearts and took care of the participants with such great devotion. Without all of you this magic would never have been possible.

Summer Camp for Adults - A Continuing Miracle

By: Anat Shefler, social worker, Haifa branch



This the 20th year that the Haifa branch of ILAN has initiated and conducted a summer camp for 25 disabled youth from all parts of the country, who every

year anticipate to this camp and for many of them this is an amazing infusion of energy.

The camp lasts for one week at the "Wizo Nahalat Yehuda" Youth Village in Rishon LeZion and like every year was replete with challenging and enjoyable activities, which the participants in the camp do not benefit from in their everyday lives.

Our thanks are extended to all the volunteers who abandoned the normal routines of their lives and helped us with great devotion to make the participants happy.



The Camp at Kedumim of the "Inyan Acher" Social Club

Tal Yisrael, Coordinator of the "Inyan Acher" Social Circle (for adults)



Throughout the year we have waited for and anticipated and finally here it comes again... we arrived from all corners of the country, about 200 young people and volunteers, to experience an amazing week of fun and learning, and this time the theme was: Positive Attitude.

We learned to view reality in a positive light, to find the good in oneself and in the environment, all of this combined with a wide variety of activities, both experiential and challenging. We are already looking forward to next year!

photographs of Inbal and Nadav were displayed under the headline of "Born to Win". The campaign concluded with the advertisement declaring "Born to Win and She Won!" showing Inbal winning the Bronze Medal.

Our heartfelt thanks and appreciation are expressed to the McCann Tel Aviv Advertising Agency for the campaign and the years of pro-bono support. A special thanks is due to the devoted teams responsible for the campaign: Kfir Reuveniu, Ira Kleiner, Nimrod Meiman, Eliad Friedman. Customer management team: Dafna Monheit, Shani Ben Yosef, Gal Bar. Planning: Rotem Briga.



ILAN's social clubs

The Young People's club

By: Gilit Nolar, Coordinator of the club

Once a week about 100 children and young people gather at the "On" School for shared activity of youngsters with special needs together with volunteers of similar ages. The theme that guides everyone in the various activities is: "We are equal members of society!" A pair of counselors runs the activity for each

group and the youngsters participate and enjoy themselves.

This year we greatly enjoyed the Hanukks trip to the North, the Tu B'Shevat picnic, a happening in honor of Purim, group Shabbat encounters, Pessach trip, conscription party for one of the young people, end-of-year party and more... We are looking forward to another year full of activity, trips and friendship



The "Inyan Acher" Graduates club

By: Tal Yisrael, Coordinator of the Club

Here we are at the conclusion of another wonderful year of the "Inyan Acher" social club. This circle is intended for disabled graduates, with cerebral palsy, aged 21 to 35 together with volunteers of similar ages and takes place once a week in the evening. In the club we create an encounter between worlds, we speak about dreams, targets, friendship, personal relationships,

work and any other topics that interest young people at these ages.

During the course of the year special friendships are formed and together we undergo a process from which all participants benefit.

During the year we travelled together on a Hannuka trip, a Pessach trip and also enjoyed a collective Shabbat for members of the circle.



ILAN Branch in Bnei Brak

A moving letter of thanks was received in August 2016 at the branch. In the letter the parents of a 12 year old son thanked ILAN, which had supported the family for many years and expressed special thanks to Ms. Haya Keren and Ms. Tzipi Reznik, of the Bnei Brak branch, who had accompanied the family during the serious operation their son had

undergone, with caring, courtesy and professionalism.

Quote from the letter:

"We would like to thank ILAN Israel for the great deal of assistance over the course of many years, in every possible way, with rehabilitation devices, shoes, taxis and so on. And all of this is in a courteous and dignified manner,

without distress, but in a dignified and pleasant manner that shows respect for the disabled person and his family. I commend ILAN Israel and particularly the Bnei Brak branch and hope they continue to support the entire family of the disabled in Israel. With tremendous appreciation and a huge thank you, the A. family, Bnei Brak."

The Paralympic Games in Rio, 2016!

Inbal Pizaro, a swimmer from the Haifa Sports Center, who trains under the guidance of coach Yaacov Beininson, achieved great honor for ILAN and for the State of Israel when she won a Bronze Medal after finishing in third place in the 200 meter mixed style final with a time of 3:38:20 minutes. This was Israel's third medal in the Paralympic Games in Rio. For Inbal this was her 9th medal in Paralympic Games after winning four Silver and four Bronze Medals in previous competitions. The picture shows Inbal at the moment of winning the medal in the swimming pool in Rio.

We are proud of you Inbal, of both the manner and the result!

This year ILAN was proud of its distinguished representation amongst the sportspeople of the Israeli



Delegation participating in the Games in Rio. The delegation consisted of 33 sportsmen and sportswomen, of whom ILAN's representation was 12 talented and promising sportspeople, who train at the Non-Profit's sports centers in Ramat Gan and Haifa. ILAN sportsman,

tennis player Shraga Weinberg was chosen to carry the Israeli flag at the opening ceremony of the Games. The sportspeople who represented Israel in Rio were required to comply with high achievement criteria to qualify for their places in the Israel Delegation, and to do so trained incessantly under the guidance of their dedicated and professional coaches. They competed with great determination in all branches and in all the contests that took place in Rio. For some of them, this was the first Paralympics in which they had participated.

ILAN is proud of the outstanding sportspeople and their coaches and congratulates them on the dedication and striving for excellence that they displayed over the entire period and during the Paralympic Games in Rio.

ILAN's sportspeople in the Paralympic Delegation to Rio:

Arel Halevi, aged 25, swimming (ILAN Sports Center, Haifa, coach: Noah Ram)

Yitzhak (Itzik) Mamistavolov, swimming (ILAN Sports Center, Ramat Gan, coach: Noah Ram)

Adam Bardichevsky, aged 30, wheelchair tennis (ILAN Sports Center, Ramat Gan, coach: Martin Gilbert)

Danny Bobrov, aged 19, table tennis (ILAN Sports Center, Ramat Gan, coach: Ido Ben Simchon).

Yulia Gordichuk, aged 17, swimming (ILAN Sports Center, Haifa, coach: Yaacov Beininson)

Iyad Shalbi, aged 29, swimming (ILAN Sports Center, Haifa, coach: Yaacov Beininson)

Shraga Weinberg aged 50, wheelchair tennis (ILAN Sports Center, Ramat Gan, coach: Martin Gilbert)

Shai Siada, aged 35, wheelchair table tennis (ILAN Sports Center, Ramat Gan, coach: Ido Ben Simchon)

Inbal Pizaro, aged 29, swimming (ILAN Sports Center, Haifa, coach: Yaacov Beininson)

Veronika Gironko, aged 18, swimming (ILAN Sports Center, Haifa, coach: Yaacov Beininson)

Nadav Levy aged 37, Boccia (ILAN Sports Center, Ramat Gan, coach: Baruch Haggai)

Caroline Tabib, aged 19, wheelchair table tennis (ILAN Sports Center, Ramat Gan, coach: Ido Ben Simchon)

National publicity campaign to encourage and empower ILAN's sportsmen and sportswomen

Prior to the contests in Rio, a national campaign was launched with the purpose of encouraging and empowering the sportsmen and sportswomen of ILAN, who were members of the Israeli Delegation to

the Paralympic Games, as well as to expose handicapped sport to the Israeli public. The campaign took off under the slogan "Born to Win" and presented childhood pictures of the sportsmen and sportswomen, who represented Israel at

Rio – Inbal Pizaro and Nadav Levy. The McCann Tel Aviv Advertising Agency, which has supported ILAN pro-bono for many years, managed the campaign in the newspapers, billboards and Internet. As part of the campaign, childhood